Claims

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- 1. A method for treating a vegetable material with a view to improving the solubility of the non-starch polysaccharides contained in it, **characterised** in that the material is crushed by mechanical energy to particles, at least a major portion of the cells containing non-starch polysaccharides in the material being damaged during crushing.
- 2. A method as defined in claim 1, characterised in that at least a major portion of the non-starch polysaccharides contained in the cells end up in particles as produced by the crushing with a particle size smaller than that of the respective initial cell of the non-starch polysaccharide.
 - 3. A method as defined in claim 1 or 2, characterised in that the material to be crushed is formed partly or completely of grains of corn, such as oat, rye or barley, or fractions of these.
 - 4. A method as defined in claim 3, characterised in that the material is crushed to a particle size less than 100 μ m, preferably less than 50 μ m and most advantageously less than 20 μ m.
 - 5. A method as defined in claim 4, characterised in that the material contains aleuron and/or subaleuron layers of grains, which are crushed to a particle size less than 50 μ m, preferably less than 20 μ m.
- 6. A method as defined in any of the preceding claims, characterised in that the method yields improved solubility of β-glucan or pentosan.
 - 7. A method as defined in any of the preceding claims, **characterised** in that the material to be crushed contains amylopectin or a material rich in amylopectin, such as waxy rice or waxy barley.
 - 8. A method as defined in claim 7, **characterised** in that the material to be crushed contains amylopectin or a material rich in amylopectin mixed with another biological material containing non-starch polysaccharides, such as oat grains or their fractions.

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- 9. A method as defined in any of the preceding claims, characterised in that the mechanical energy is generated by the joint effect of heat, pressure and shearing forces.
- 5 10. A method as defined in any of the preceding claims, characterised in that crushing is performed by extrusion using energy in an amount of 0.15-0.39 kWh/kg.
 - 11. A method as defined in claim 10, characterised in that the material to be crushed is pre-treated to moisture in the range from 6 to 20%.
- 12. A method as defined in any of claims 1 9, characterised in that the material to be crushed is mixed with a greater amount of liquid medium and the mixture is homogenised under a pressure of 50 to 800 bar.
- 13. A particulate product obtained by a method defined in any of the preceding claims, **characterised** in that the product contains a vegetable material, which has been crushed to form particles, in which at least a major portion of the cells containing non-starch polysaccharides in the material has been damaged, the non-starch polysaccharides having enhanced solubility in an aqueous phase with which the product has been brought into contact.
 - 14. Use of a material treated by a method defined in any of claims 1-12 in a food or a fodder, in which the non-starch polysaccharides have improved solubility in the digestive tract.
- 15. Use of the material treated as in claim 7 for controlled viscosity in-25 crease.